

December 2025, Winter Edition

Proverbs 19:23

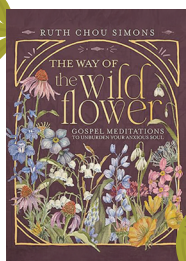
THE FEAR OF THE LORD

leads to life, and whoever has it rests satisfied; he will not be visited by harm.

Inside This Issue

- A Note from Linda Seabrook, Director of Women's Ministry
- Church News and Events
- Resources for Reading and Listening

Resource Recommendations

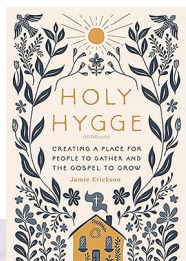


The Way of the Wildflower

By Ruth Chou Simons

[view here](#)

Let's Talk Podcast

By Jackie Hill Perry,
Melissa Kruger and
Jasmine Holmes[view here](#)

Holy Hygge

By Jamie Erickson

[view here](#)

CHURCH NEWS AND EVENTS

Prayer And Praise Night

06
JAN

Time: 7:00PM - 9:00PM

Gather with our church family as we commit the new year to the Lord.

Winter Bible Study

13
JAN

Time: 9:15AM & 7:00PM

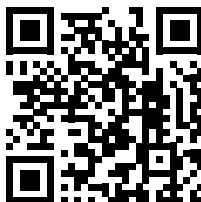
Join us for a weekly study of God's Word, as well as fellowship, encouragement, and prayer with other women.

(More details on page 2)

Better Together

14
FEB

Time: 9:00AM - 11:00AM

If you are single or single again, join other like-minded women for a special morning of delicious food and biblical encouragement.
Cost: \$12

Scan for more information about events

**SCAN
HERE**

or visit

www.rbclondon.ca/events

A Note From Linda

My soul magnifies the Lord, and my spirit rejoices in God my Saviour.
Luke 1:48

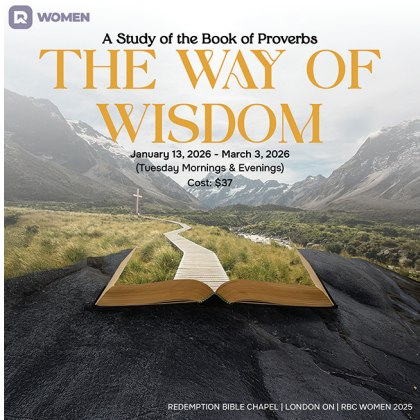
Christmas is the most wonderful time of year! It can also be a difficult time for many. The American Psychological Association reports that 9 out of 10 people experience some type of stress during the holidays. It's no wonder. Our culture promotes a Christmas of beautifully decorated homes, sparkly wrapped presents, decadent baking, and perfectly executed parties. Yet the reality is our days may be filled with anxiety, disappointment, loneliness, or grief.

When Mary was told by the angel that she was carrying God's Son, it made sense that her mind and heart were filled with worry, doubt, and fear. She asked the angel, "How will this be?" But more than worry, Mary was filled with worship. More than doubt, she was filled with trust. More than fear, she was filled with faith.

At this time of year, when everything around may be moving at full speed until December 25th, take time to pause and be with Jesus. Let Him fill the longings and needs that only He can satisfy. Be a woman who worship, trusts and believes, no matter what.

This year, make much of Christmas by making much of Christ.

Linda Seabrook



FREE BIBLE STUDY RESOURCE



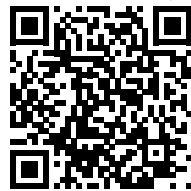
LINDASEABROOK.COM

Winter Bible Study

Join us for our Winter Bible Study session, "The Way of Wisdom." Together, we will study wisdom principles from Proverbs regarding everyday topics.

[Click here to register](#)

Or scan the QR code below:

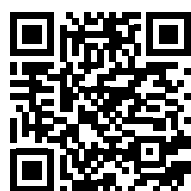


Free Advent Devotional

Linda is offering a free Advent devotional for anyone who would like to use it in this season if you'd like to download.

[Click here to download](#)

Or scan the QR code below:



Ten Ways To Keep Christ In Christmas This Year

1. Begin an Advent reading plan on December 1st.
2. Attend Sunday services with anticipation.
3. Have worship music on repeat.
4. Practice gratitude.
5. Be flexible and gracious.
6. Limit social media.
7. Simplify activities and schedules.
8. Choose traditions that bring meaning and joy.
9. Give a care package to a friend or family in need.
10. Make intentional time to rest and reset.

THOUGH THE SEASON IS COLD,
CHRIST'S LOVE
NEVER FREEZES.



Let's Connect Now!

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