

September 2025, Fall Edition

Blessed is the man who trusts in the Lord, whose trust is the Lord. He is like a tree planted by water, that sends out its roots by the stream, and does not fear when heat comes, for its leaves remain green, and is not anxious in the year of drought, for it does not cease to bear fruit.

*Jeremiah 17:7-8*

## Inside This Issue

- A Note from Linda Seabrook, Director of Women's Ministry
- Church News and Events
- Resources for Reading and Listening

## Resource Recommendations



***The Secret Place of Thunder: Trading Our Need to Be Noticed for a Hidden Life with Christ***

By John Starke



***The Deep Dish Podcast***

By Melissa Kruger and Courtney Doctor



***He is Strong: Devotions For When You Feel Weak***

By Emily Jensen

## CHURCH NEWS AND EVENTS

### Seven Arrows: How to Study the Bible

28  
SEP

Time: 11:15AM - 12:30PM

This class is for anyone interested in learning how to read, understand and apply God's Word. A five-week session led by Ian Havercroft.

### Discipleship Explored

29  
SEP

Time: 1PM - 2PM

This class is for those who want to learn how to live as a disciple of Jesus Christ as made evident through the book of Philipians. An eight-week session led by Sam Lyra.

### Women's Ministry Christmas Event: A Manger To A Throne

05  
DEC

Time: 7PM - 9PM

Join us for our annual Christmas event as we celebrate the King of Heaven come to earth! Registration opens November 3rd.



For more information

**SCAN  
HERE**

or visit

[www.rbclondon.ca/events](http://www.rbclondon.ca/events)

# HELLO FALL!

This week we welcomed fall. Autumn is a busy time when it comes to church life. We begin our ministries after a summer hiatus. Newcomers are welcomed more than any other time of the year. We're even making plans for the Christmas season! Autumn can also be a busy time in our personal lives. We get back to our schedules and routines after some vacation time and relaxing summer days.

I like to think of the fall as an opportunity for a reset. So often throughout the year, we can become sidetracked with the circumstances of our lives. This may cause a shift in priorities or even a complete neglect of what matters most. At this time of year, it's helpful to re-evaluate everything that makes up our days to finish our year well.

So, here's a question to ask ourselves:

**How do I better use the time that God has given me?**

## RESETTING OUR PRIORITIES

### 1. Read God's Word

Choose specific books of the Bible to read. There are 92 days between October 1 and December 31. The four Gospels contain 89 chapters. Romans to Philippians contain 86 chapters. Hebrews to Revelation contains 56 chapters. It's very doable to read a portion of the New Testament before the end of the year!

### 2. Cultivate A Prayer Life

Stay focused by having a daily time and place for prayer. Have a prayer list. Write out prayers. Pray while driving, walking, running errands, or at work or school. Pray as a family or with a friend group.

### 3. Make Sunday The Best Day Of The Week

Arrive on time and stay afterwards. Ask God to remove distractions during the service. Bring a Bible and take notes. Make a point of talking to someone new.

### 4. Be Involved In The Life Of The Church

Join a small group, Bible study, or Sunday class. Look for serving opportunities within the various ministries.

### 5. Disconnect Digitally

Set clear boundaries. Replace screen time with reading, hobbies or catching up with a friend. Take a "sabbath" from screen time every week.

### 6. Practice Gratitude

Keep a thankfulness journal. Send "thank you" notes to others. Meditate on a Thanksgiving Psalm.

**May this fall be one of renewed relationship with the Lord as we allow Him to order our days.**

**We're excited that over 200 women have joined us for our fall study "Soul Care: Hope That Lasts, Truth That Stands."**

*Our winter study begins on January 13th and registration will open on December 2nd.*



## Scriptures To Memorize This Fall

### • Genesis 8:22

While the earth remains, seed time and harvest, cold and heat, summer and winter, day and night, shall not cease.

### • Psalm 100:4

Enter His gates with thanksgiving, and His courts with praise! Give thanks to Him; bless His name!

### • Matthew 9:37-38

Then he said to His disciples, "The harvest is plentiful, but the laborers are few; therefore, pray earnestly to the Lord of the harvest to send out laborers into His harvest."

### • Galatians 6:9

And let us not grow weary of doing good, for in due season we will reap, if we do not give up.

### • James 3:17-18

But the wisdom from above is first pure, then peaceable, gentle, open to reason, full of mercy and good fruits, impartial and sincere. And a harvest of righteousness is sown in peace by those who make peace.



## Let's Connect Now!

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